

Multi-Age Health & Physical Education

SUGGESTED FOUR-YEAR PLAN

FALL QUARTER			WINTER QUARTER			SPRING QUARTER		
GEN ED	(4)	General Ed Requirement	GEN ED	(4)	General Ed Requirement	GEN ED	(4)	General Ed Requirement
GEN ED	(4)	General Ed Requirement	HPR 202	(4)	Fundamental Activities-Majors	HPR 203	(4)	Leisure Activities for Majors
HPR 201	(4)	Team Sports for Majors	HPR 241	(4)	Introduction to Health & Phys Ed	HPR 200	(3)	Activity (Water Safety Instruction)
RHB ^(G) 210	(4)	Introduction to Drugs & Alcohol	COM 101	(4)	Essentials of Public Address	HPR 245	(1)	Checkpoint #1 Seminar
	(16)			(16)		HPR 261	(4)	Athletic Training
							(16)	
GEN ED	(4)	General Ed Requirement	GEN ED	(4)	General Ed Requirement	GEN ED	(4)	General Ed Requirement
HED 230	(4)	Personal Health	HPR ^(F) 250	(4)	Anatomy & Physiology I	HPR ^(F) 251	(4)	Anatomy & Physiology II
EDT 280	(4)	Clstrm Appl of Computer Tech	HPR 244	(4)	Motor Learning	HED 231	(4)	Community Health
HPR 243	(4)	Motor Development	GEN ED	(4)	General Ed Requirement	EDS 333	(4)	Learning Differences: Intro
	(16)			(16)			(16)	
HPR 355	(4)	Applied Exercise Physiology	ED ^(H) 221	(1)	Phase I Practicum	GEN ED	(4)	General Ed Requirement
ED 301	(5)	Schooling in a Pluralistic Society	ED ^(H) 303	(5)	Intro to Ed Psych	HPR 356	(4)	Test & Meas in PE and Health
HED 334	(4)	Health Behavior	HED ^(I) 385	(4)	Foundations of Teaching Health I	HPR 311	(4)	Psych Assess of Excep Child
GEN ED	(4)	General Ed Requirement	HPR 385	(4)	Fdns Teach Phys Ed I	HPR 345 ^(I)	(1)	Checkpoint #2 Seminar
	(17)			(14)		GEN ED	(4)	General Ed Requirement
							(17)	
HPR ^(I) 485	(4)	Foundations of Teaching Phys Ed II	HED 335	(4)	Health Communications	ED ^(J) 429	(12)	Supervised Teaching
HED ^(I) 485	(4)	Foundations of Teaching Health II	ED 432	(5)	Reading in Content Area	HPR ^(I) 445	(2)	Checkpoint #3 Seminar
HED 430	(4)	Health Program Planning	HED 333	(4)	Human Sexuality			
ED ^(I) 321	(1)	Phase II Practicum	HPR 353	(4)	Kinesiology			
HPR 362	(3)	Nutrition for Fitness & Sport						
	(16)			(17)			(14)	Total Hours: 191

GENERAL EDUCATION (56 credit hours)

- ^(A) Area I – Communication and Mathematical Skills (12)
ENG 101, ENG 102, MTH 145 (or allowable substitution)
- ^(B) Area II – Cultural-Social Foundations (8)
History (1 course), Non-Western World (1 course)
- ^(C) Area III – Human Behavior (8)
Economics, Political Science, Psychology, Sociology (2 courses)
- ^(D) Area IV – Human Expression (4)
Great Books, Fine & Performing Arts (1 course)
- ^(E) Additional – Courses from Areas II, III, and IV (8): Select two courses from above areas
- ^(F) Area V – Natural Sciences (12): BIO 107, HPR 250, HPR 251 (required substitution)
- ^(G) Area VI – College Component (4): RHB 210

PROFESSIONAL EDUCATION (31 - 33 credit hours)

- ^(H) Phase I – ED 221, ED 303, ED 301
 - ^(I) Phase II – HPR 345, 385, & 485 HED 385, 485
 - ^(J) Phase III – ED 429, HPR 445
- Must earn a grade of “C” or higher in Professional Education courses